



**Karen Trumbull English, ARM, CPCU, ACI, AU**, a Senior Vice President with Spring Consulting Group, An Alera Group Company, has over 20 years of experience in the property/casualty, health, and welfare arenas. She provides strategic direction, analysis, and implementation expertise and routinely works with integrated disability, absence and health management programs, including spearheading industry leading research and surveys to help employers, carriers and TPAs set their strategies and product approaches. Prior to Spring, Karen was a senior consultant with Watson Wyatt. Karen led the regional risk & insurance practice for a small consulting firm, held the role of Assistant Risk Manager for one of the nation's largest banks, and was a casualty broker for two of the world's largest insurance brokers. She is an active member of the Disability Management Employer Coalition (DMEC) and regularly speaks at industry conferences both locally and nationally.